

Boshack Eco Adventure Camp

www.boshackoutback.com

Our lakeside Eco camp is a unique experience for Outdoor learning and Nature play. Away from computers, iPods, and mobile phones in a natural environment children have freedom to create and enjoy the simple things

Day 1 - Nature Play Farm

10.30am Arrive at Boshack

Sheep mustering on foot: Sheep were brought to this country from England by the early settlers and many farms were established in the wheat belt area. Part of the farmer's tasks was to round up the sheep to shear them. So today we need you to round up these sheep in the paddock and guide them into the pens near the shed. (Seasonal) There is only one rule to remember. To get the sheep to the shed the easiest way always keep the sheep between you and the shed.

BYO morning tea: Under the shade of a gum tree enjoy your snack

<u>Boomerang Throwing:</u> Before the white settlers came here the Aborigines used to hunt for their food using boomerangs. Learn about the types they used and how they used them by watching a demonstration. Then try your hand at throwing a boomerang.

<u>Water Divining:</u> Used for thousands of years water divining is an ancient art of discovering underground water streams known as 'aquifers'. Try your hand at this ancient art to see if you have a natural gift in water divining.

<u>Feed farm animals</u>: Have you ever wondered what cow horns are made of? Well while you are feeding our farm animals you will find out along with lots of other interesting facts.

<u>Aboriginal Dreamtime and Didgeridoo Playing:</u> Experience the ways of the early pioneers and from the aboriginals thousands of years ago. Sit in the oasis environment amongst the paper bark forest. Blow the didgeridoo.



<u>Early Settler and Aboriginal History:</u> The setting in the paper bark forest goes back thousands of years. It was the perfect relaxing area in early life when there was no air-conditioning in the hot weather.

<u>Lifestyle and Culture of our Forefathers:</u> A talk on how our ancestors lived and experienced the outback, then you will learn how to eat the local delicacies of the witchetty grub. Listen to how they survived in the harsh bush environment while enjoying the taste of honeycomb chocolate.

<u>Paper bark forest walk and Historic Well:</u> A 50 meter walk through the cleanest and freshest air one can experience. Visit one of the original settler's water holes which provided the freshest of water.

1pm BYO Picnic Lunch

<u>Yabbi Netting</u>: The bush freshwater crayfish was an alternative to the meat diet in the bush. This crayfish is very similar to the ordinary crayfish that is caught from the sea.

2pm Arrive at Lakeside camp

Introduction to Boshack and our environmental footprint, fire drill and orientation of the lakeside camp

3pm Teacher supervised canoeing on lake 330pm Afternoon Tea Free Time 430pmShowers

6pm Dinner

<u>Day 2 - Bush Tracks & Lake Springs</u> <u>Team Building, Survival Skills</u>

730am Bush Breakfast

845am Teacher & Student Brief

<u>9am Orienteering:</u> Have a look at your mud map of Boshack. Being able to interpret from a map to the land and execute your route choice successfully without getting lost is very important.

Take a close look at the map and work out your position before leaving camp. Then with your team navigate your way along the fire breaks or roads to each marker in the bush, which is indicated by a dot on the map. Write down the letters you find on the markers at these numbered points. Our early settlers have left you a clue and your task is to find out what that is. When all 16 letters have been collected rearrange them to make 3 words.

When you arrive at point **B** on your map you will need to leave signs of life. Use a Tracking Signal anywhere in this area so others know where you have been. (Refer to tracking signs with your map). You could also be creative and leave your own ideas of signs of life



Building a Mia Mia Shelter is one of the keys to survival; it will protect you from the elements. The most common error in making a shelter is to make it too large. A shelter must be large enough to protect you. It must also be small enough to contain your body heat, especially in cold climates. Frame work is one of the main keys to a successful structure. Show us how to build a good frame work for a Mia Mia using only the equipment supplied in this area.

11am MORNING TEA

1130am Raft Building: Our early settlers built rafts to go fishing for food.

Using the materials provided, your team must build a raft like the early settlers. This raft needs to be top-notch to float along the lake. Teams must work well together in designing the raft using knotting skills to build it and then see how well it floats.



1pm LUNCH

2pm Lake Springs Canoe & Billy Balance Cooking food or boiling water is another art to survival. Put on your life jacket and take a canoe out in groups of 3 to collect sticks to build a frame of your choice to hold a billy above an open fire for boiling water. Under the frame collect the right type of materials ready for lighting a fire.

(lighting the fire will be seasonal)

Canoeing Challenge

Experience some challenging activities on our beautiful Lake Serene Relay & Animal Challenge our friendly guide will take you through these fun games

Net Fishing The early settlers did not have the local shops to go to if they could not catch their own food. Use our home made nets and a recycled container to try your hand at catching a fish of any size.



Make sure you keep the fish alive and bring it over to your teacher to show you can catch a fish.

Please let the fish go afterwards as we care for the creatures in our environment.

330pm Afternoon Tea

4pm Free time Showers

6pm Dinner

Day 3 - Sustainable in Nature

730am Bush Breakfast

845am Teacher & Student Brief

<u>Pam Obstacle Course</u> Take a leisurely walk along the bush track taking in the smells and sights of our peaceful bush environment arriving at our obstacle course. At first glance it does not seem very challenging, but wait for a few twists which will get your heart pumping and test your coordination and fire up your competitive spirit.

10am <u>Solar water system</u> Early settlers had no electricity, but with new technology now we are able to use solar power, when no electric power is available on farms. Use teamwork and leadership skills and some intelligent thinking to design and build a solar pump.

The solar panel gets it power from the sun to run the pump which in turn sucks the water from the lake and pumps the water. It is essential to put a filter (mesh) on the suction pipe that goes in the water and then we will have a competition to see who can pump the most water in a given time.

If needed see instructions in file

<u>Art Sketching</u> Collect some paper and a pencil from the dining area. Take a seat somewhere quiet under the shade and absorb the tranquility of our environment. Use your artistic side to translate it onto your sketch paper.

1130 Morning Tea & LUNCH

1pm Depart Boshack