



Boshack Nature Play Adventure Camp

www.boshackoutback.com

Our lakeside Eco camp is a unique experience for Outdoor learning and Nature play. Away from computers, iPods, and mobile phones in a natural environment children have freedom to create and enjoy the simple things

Day 1 - Nature Play Farm

10.30am Arrive at Boshack

Sheep mustering on foot: Sheep were brought to this country from England by the early settlers and many farms were established in the wheat belt area. Part of the farmer's tasks was to round up the sheep to shear them. So today we need you to round up these sheep in the paddock and guide them into the pens near the shed. (Seasonal) There is only one rule to remember. To get the sheep to the shed the easiest way always keep the sheep between you and the shed.



BYO morning tea: Under the shade of a gum tree enjoy your snack



Boomerang Throwing: Before the white settlers came here the Aborigines used to hunt for their food using boomerangs. Learn about the types they used and how they used them by watching a demonstration. Then try your hand at throwing a boomerang.

Water Divining: Used for thousands of years water divining is an ancient art of discovering underground water streams known as 'aquifers'. Try your hand at this ancient art to see if you have a natural gift in water divining.



Feed farm animals: Have you ever wondered what cow horns are made of? Well while you are feeding our farm animals you will find out along with lots of other interesting facts.



Aboriginal Dreamtime and Didgeridoo Playing: Experience the ways of the early pioneers and from the aboriginals thousands of years ago. Sit in the oasis environment amongst the paper bark forest. Blow the didgeridoo.



Early Settler and Aboriginal History: The setting in the paper bark forest goes back thousands of years. It was the perfect relaxing area in early life when there was no air-conditioning in the hot weather.

Lifestyle and Culture of our Forefathers: A talk on how our ancestors lived and experienced the outback, then you will learn how to eat the local delicacies of the witchetty grub. Listen to how they survived in the harsh bush environment while enjoying the taste of honeycomb chocolate.

Paper bark forest walk and Historic Well: A 50 meter walk through the cleanest and freshest air one can experience. Visit one of the original settler's water holes which provided the freshest of water.

12.30 BYO Picnic Lunch



Yabbi Netting: The bush freshwater crayfish was an alternative to the meat diet in the bush. This crayfish is very similar to the ordinary crayfish that is caught from the sea.

2pm Arrive at Lakeside camp

Introduction to Boshack and our environmental footprint, fire drill and orientation of the lakeside camp

3pm Teacher supervised canoeing on lake

330pm Free Time

430pm Showers

6pm Dinner

Day 2 - Bush Tracks & Lake Springs

Team Building & Survival Skills

8am Bush Breakfast

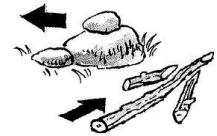
9am Orienteering: Have a look at your mud map of Boshack. Being able to interpret from a map to the land and execute your route choice successfully without getting lost is very important.

Take a close look at the map and work out your position before leaving camp. Then with your team navigate your way along the fire breaks or roads to each marker in the bush, which is indicated by a dot on the map.

Write down the letters you find on the markers at these numbered points. Our early settlers have left you a clue and your task is to find out what that is. When all 16 letters have been collected rearrange them to make 3 words.

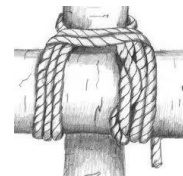


When you arrive at point **B** on your map you will need to leave signs of life. Use a Tracking Signal anywhere in this area so others know where you have been. (Refer to tracking signs with your map). You could also be creative and leave your own ideas of signs of life



Raft Building: Our early settlers built rafts to go fishing for food. Using the materials provided, your team must build a raft like the early settlers. This raft needs to be top-notch to float along the lake.

Teams must work well together in designing the raft using knotting skills to build it and then see how well it sails.



1030am MORNING TEA

Building a Mia Mia Shelter is one of the keys to survival; it will protect you from the elements. The most common error in making a shelter is to make it too large. A shelter must be large enough to protect you. It must also be small enough to contain your body heat, especially in cold climates. Frame work is one of the main keys to a successful structure. Show us how to build a good **frame work** for a Mia Mia using only the equipment supplied in this area.



12.30 LUNCH

Lake Springs Canoe & Billy Balance Cooking food or boiling water is another art to survival. Put on your life jacket and take a canoe out in groups of 3 to collect sticks to build a frame of your choice to hold a billy above an open fire for boiling water. Under the frame collect the right type of materials ready for lighting a fire. (*lighting the fire will be seasonal*)



Canoeing Challenge

Experience some challenging activities on our beautiful Lake Serene

Relay & Animal Challenge our friendly guide will take you through these fun games



Net Fishing The early settlers did not have the local shops to go to if they could not catch their own food. Use our home made nets and a recycled container to try your hand at catching a fish of any size.

Make sure you keep the fish alive and bring it over to your teacher to show you can catch a fish.

Please let the fish go afterwards as we care for the creatures in our environment.



3pm Afternoon Tea

330pm Free time Showers

6pm Dinner

Day 3 - Sustainable in Nature

8am Bush Breakfast

9am Obstacle Course Take a leisurely walk along the bush track taking in the smells and sights of our peaceful bush environment arriving at our obstacle course. At first glance it does not seem very challenging, but wait for a few twists which will get your heart pumping and test your coordination and fire up your competitive spirit.



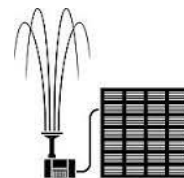
Nature Awareness Sometimes we travel through life not noticing all the little things around us. Collect some friends and use your visual skills to search out items on your list.



1030 Morning Tea

Solar water system Early settlers had no electricity, but with new technology now we are able to use solar power, when no electric power is available on farms. Use teamwork and leadership skills and some intelligent thinking to design and build a solar pump.

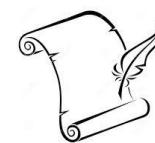
The solar panel gets its power from the sun to run the pump which in turn sucks the water from the lake and pumps the water. It is essential to put a filter (mesh) on the suction pipe that goes in the water and then we will have a competition to see who can pump the most water in a given time.



If needed see instructions in file

Art Sketching Collect some paper and a pencil from the dining area. Take a seat somewhere quiet under the shade and absorb the tranquility of our environment. Use your artistic side to translate it onto your sketch paper.

1230 LUNCH



Water Orienteering Coordination, Cooperation, Communication and Canoeing skills are what are needed for this challenge. Put on your life jacket and get into groups of 3's. There is no map for the lake orienteering Navigate your way in the canoe in search of **3 Words** placed on some trees in the lake. The 3 words ask you a question, so come back with the **answer to the question** which is something that is very much a part of Boshack.

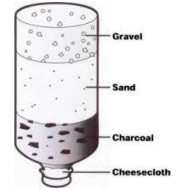
Lake Springs talk - Learn about Lake Serenes origins and what we have living in these unique waters. Take a peaceful journey of one of the largest spring fed lakes in the area.

3pm Afternoon Tea
330pm Free time Showers
6pm Dinner

Day 4 - Outdoor Learning

8am Bush Breakfast

9am Water Purification: Our early settlers had to find ways to purify dirty water. Use leadership skills to help your group learn to think outside the square by using only the few items found at this area to purify dirty water



Bush First Aid: As medical help was not close by in the early days in the bush it was important to learn some basic first aid. In your group have a look in your survival bag for some information on how to apply first aid for a snake bite and dehydration. Use your new knowledge to apply first aid to a friend in your group who has been (hypothetically) bitten by a snake and another friend who has dehydration. *Your teacher will tick off your group when you are competent in this*



1030am Morning Tea

Boshack Plate – Using your creativity with things locally in the bush make a special plate of your time at Boshack.

12.30pm LUNCH

1.30pm Canoe teambuilding and adventure on Lake Serene

You have had all week to get your skills up with the canoe, now lets see what you can really do with your canoe and teammates.

3pm Afternoon tea

Freetime

Showers

6pm Dinner

Day 5 - Fishing & Reflection Time

9am *Team Building Activities* - take a journey with your friends and have a go at some of our team building experiences

11am Morning Tea

1115 - Paperbark Reflection & Evaluation

12pm - Lunch

1pm - Depart Boshack